Attendance: It’s Not Okay to Be Away

How long would a person last in the workforce if he or she were to take off 20 days a year in ‘sickies’? Not long, that’s for sure.

20 days absent from school each year represents the average number of absences for students across our school at Toolooa. This is totally unacceptable preparation for life in the workforce and severely impacts on a student’s educational progress.

There is no doubt that the majority of parents do not role model these absence rates. Then why is it that your children do so? Is it because you allow them to miss school for shopping trips, for long weekends that coincide with RDOs, caring for younger brothers or sisters etc.?

The way to develop in our children a positive and appropriate work ethic is not only to role model it but also to say NO absolutely to any non-genuine absence.

Should you require assistance in saying NO to your son/daughter with regard to unacceptable absences, please do not hesitate to contact our school for assistance.

Let’s work together to make a difference to your child’s future.

Be on Time, Be at School, Everyday Counts.

Easier access to school information through updated version QSchools app

A recent update to the QSchools app means our parents will now be able to find tuckshop and class time information more easily.

On top being able to access calendar, newsletter and other information from our school website the upgraded app can also access uniform shop information and school social media pages. It all makes staying in touch and up to date a little easier for your family.

Visit the department’s apps page for more information and all the features: http://deta.qld.gov.au/about/app/

The QSchools app is available for free download through iTunes, Google Play and the Windows store.

The Websites for Schools development team would love to hear your ideas for future functionality for QSchools.

You can leave feedback within the app via Settings, then Leave Feedback.

Keep a watch on our school these holidays

Parents and students can help take care of our school by reporting any suspicious after-hours activity to School Watch on 13 17 88.

By keeping an eye out we can work together to create a safer school community and help to reduce vandalism, theft and arson in our school.

If you see something suspicious, please don’t intervene. Call the School Watch number and let the local police or State Government Protective Security Service deal with the matter.

2013 Awards Night
Robot Warriors Head to Sydney
2013 Sports Awards Night, Absentee Text Messages, & Messages to Students.
K-Mart Wishing Tree, Position Vacant & Laptop Program.
Good Guidance
Nurse Natters & Senior Schooling Snapshot
SWAN News
2014 Toolooa Musical & From the Chaplain
Toolooa’s Got Talent & Arts Showcase
Community Notices

For the Fridge

♦ 30/11/2013 Canberra Trip Year 9
♦ 2/12/2013 Year 7 to 8 Orientation Day—Orientation day activities and classes for Year 8, 2014.
♦ 3/12/2013 Year 6 to 7 Orientation Day—Orientation day classes and activities for Year 7 2014.
♦ 5/12/2013 Proposed QMEA Day
♦ 11/12/2013, 8/01/2014 & 12/02/2014 P & C Meeting—Senior Schooling Room, 6:30pm—8:30pm
♦ 24/02/2014 School Photos
♦ 26/02/2014 MSP Photography Catch Up Day.
On Thursday 31st of October Toolooa SHS celebrated its annual awards night. Once again it was a stellar occasion which showcased to parents, staff and the wider community the wonderful achievements of our students.

This year the event was based on the theme of be the change, lead the change. Highlights of the night included the professional presentation skills of both our junior and senior leaders, moving principal’s address from Alan Whitfield and entertaining speech from our guest speaker Mayor Gail Sellers. Additionally entertainment for the night was exemplary and the efforts of our bands, student performers and Taiko drumming group must be acknowledged.

Our major award winners for the night are listed below however special acknowledgment must go to our student of the year Tiarna Gibson who received our most coveted award for the night which for her caps off a tremendous 2013. We also now look forward to announcing our 2013 Dux who will come from our 4 outstanding academic achievement winners Elora Ghea, Josh Reilly, Isabelle Wood and Tiarna Gibson.

This award will be formally announced and presented on our first parade for 2014 after final results, OP and university entrances are complete.

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<tr>
<th>Awards Night 2013</th>
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<td>Aboriginal/Torres Strait Islander or South Sea Islander Bursary:</td>
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<td>Junior</td>
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<td>Senior</td>
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<td>WICET Aboriginal/Torres Strait Islander Encouragement Awards</td>
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<td>Senior Humanities</td>
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<td>Senior Maths/Science Award</td>
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<td>Year 11 Creative Writing Award:</td>
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<td>Cassandra Jones Encouragement Award for Art</td>
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<td>Toolooa SHS Performing Arts Spirit Award</td>
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<td>Engineers’ Queensland Award – Stephen Strachan Bursaries</td>
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<td>Junior Academic Champion</td>
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<td>CQUniversity Rex Metcalfe Lifelong Learning Award</td>
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<td>Gladstone Ports Corporation Student of the Year &amp; Caltex All Rounder</td>
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<td>Outstanding Academic Achievement Awards 2013</td>
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Robot Warriors Head to Sydney

You may have seen recently that Toolooa SHS attended and won the inaugural Bechtel FIRST Tech Challenge. The FIRST Organisation has been around since 1989 but has only been in Australia for a few years now.

Toolooa SHS were privileged to be invited to the FIRST Tech Challenge in 2012 and from this, a regional competition has been developed in Gladstone. What you may not know is that First have three levels of competition; FIRST Lego League (FLL), FIRST Tech Challenge (FTC) and FIRST Robotics Challenge (FRC). FLL that caters for students aged 9 to 14 and FTC for 11-16 years and FRC is for Senior and University students. The vision of the FIRST Organisation is to "show students of every age that science, technology and problem-solving is not only fun and rewarding, but are proven paths to successful careers and a bright future for us all."

Circumstances mean that our FTC team have not been able to commit to going to the State Finals in Brisbane however our FLL team have been invited to the National Competition in Sydney on the 7th of December. A team of seven Toolooa students will compete against Australia’s best FLL teams and no doubt have lots of fun in the process.

We would like to give a HUGE thank-you to APLNG as the major sponsor of our team. There is significant cost associated with getting to Sydney and competing in the National Finals; we appreciate that APLNG, Walz Construction and QER, were all wiling to help us to get there. We look forward to showing you what all our hard work has delivered. We’re especially keen to show you what we have been able to achieve while adhering to the FIRST Values.

Dr. Woodie Flowers, FIRST National Advisor and Pappalardo Professor Emeritus of Mechanical Engineering, Massachusetts Institute of Technology, coined the term "Gracious Professionalism®."

Gracious Professionalism is part of the ethos of FIRST. It’s a way of doing things that encourages high-quality work, emphasizes the value of others, and respects individuals and the community.

With Gracious Professionalism, fierce competition and mutual gain are not separate notions. Gracious professionals learn and compete like crazy, but treat one another with respect and kindness in the process. They avoid treating anyone like losers. No chest thumping tough talk, but no sticky-sweet platitudes either. Knowledge, competition, and empathy are comfortably blended.

In the long run, Gracious Professionalism is part of pursuing a meaningful life. One can add to society and enjoy the satisfaction of knowing one has acted with integrity and sensitivity.

Coopertition®

Coopertition® produces innovation. At FIRST, Coopertition is displaying unqualified kindness and respect in the face of fierce competition. Coopertition is founded on the concept and a philosophy that teams can and should help and cooperate with each other even as they compete.

Coopertition involves learning from teammates. It is teaching teammates. It is learning from Mentors. And it is managing and being managed. Coopertition means competing always, but assisting and enabling others when you can.
The Toolooa State High School Annual Sports Awards evening took place on Wednesday, 13th of November at the Grand Hotel. The event was a huge success, with over two hundred guests attending the night.

Ms Paap (Sports Coordinator) opened the proceedings, and hosted the evening with the assistance of keynote speaker Tony Martin. Tony was able to provide inspirational words of encouragement and congratulations to Toolooa’s athletes.

In our show of support and recognition of sporting achievement, numerous pennants, certificates and trophies were presented to the deserving students who competed both in individual and team sports through the 2013 school year. The awards are far too numerous to mention, but it was a fantastic opportunity to showcase the sporting talent at Toolooa State High School. The highlight of these presentations was the crowning of the Junior and Senior Sportsperson of the year, and the team of the year. This year’s Junior Sportsperson of the year recipient was Laine Sunderland, with Sam Smith taking out the Senior Sportsperson of the year award.

The Open Boys Volleyball Team which attend the Schools Cup Competition and were coached by Mr Elvery secured the Team of the Year Award. This was awarded as a result of their performance whilst on tour.

Toolooa State high school would like to thank the following sponsors for their financial support. Their continued support of our youths sporting achievements is greatly appreciated:

GOLD SPONSORS AND SILVER SPONSORS
- Liz Cunningham
- Rio Tinto Alcan
- Sportscene
- Caltex Boyne River
- HUB Total Fitness
- Boyne Smelters

Special Thanks to the following:
- Toolooa State High Physical Education Staff
- Toolooa SHS Coaches
- Toolooa Administration Staff
- Gladstone Trophies
- Scott Mercer (Groundsman)

In closing, this event could not have happened had it not been for the Toolooa students. The hard work, determination, commitment and mateship that these athletes have developed will continue to pay dividends long after their high school sporting achievements are forgotten.

Absentee Text Messages
When students have unexplained absences, a text message is sent to parents/caregivers at 12noon daily.
Parents are welcome to respond to these messages by text or you can phone our absence line 49714360 and leave a message explaining the absence.
This line can also be phoned prior to the absence to advise school of your child’s absence.

Student Online Payments
Thank you to our parents who make regular payments to the school by direct debit.
State Schools work on a calendar year for financial transactions and we commence our end of year finance rollover on Monday December 9. This involves quite a few days of processing to ensure our finance database is prepared for DETE’s mandated end of year rollover on a specific date.
We request that parents refrain from making direct deposits after Friday December 6. Any payments made online after that Friday are unable to be processed until our return in 2014.
Thank you for your assistance in this matter – your support is appreciated at this critical time for school finances.

Messages to Students
Parents regularly phone our school office to request a message be passed to students. Whist our admin staff will always attempt to pass the message on, there are occasions when we cannot locate the student for a number of reasons e.g. changing classrooms, absent staff, admin workload.
Only urgent messages will be passed on.
As you can imagine, with over 800 students, we receive many messages each day.
We thank parents to keep messages to a minimum.
Toolooa Staff and Students Contribute to Kmart Wishing Tree Appeal

Thanks to donations from staff and students, Miss Cooper was able to deliver 10 large gift bags to the Kmart Wishing Tree on behalf of Toolooa State High School last week.

The official launch of the Kmart Wishing Tree Appeal took place on the 11th of November and you can place gifts under the tree until Christmas Eve.

For more than 25 years, the Salvation Army has been working with Kmart to help families in need. The Kmart Wishing Tree Appeal is Australia's largest Christmas gift appeal. Thanks to the incredible generosity of Australians, the Appeal has collected more than 6 million gifts for people in need since its inception in 1988.

Last year, the Appeal collected more than 450,000 gifts. In 2013, The Appeal aims to collect more than 500,000 gifts nationally, for distribution via the appeal's charity partner, The Salvation Army.

Now an Australian Christmas tradition, the Kmart Wishing Tree Appeal is heavily relied upon by The Salvation Army to provide support to families in need at Christmas.

To participate in the appeal, simply collect a gift tag by taking one from the Christmas tree at Kmart and then buy a gift. The gift can be for children or adults of any age. Most people do tend to buy presents for children, but there are plenty of adults in need who won’t receive any gift at Christmas without wonderful charities such as The Wishing Tree. Please specify the gender and age that would be most suitable for the gift you have purchased on the tag and then attach it to the gift and place it under the Christmas tree at Kmart. Gifts do not have to be purchased from Kmart. It is preferable if the gift is either not wrapped (or is placed in a gift bag) so that the contents can be easily inspected to ensure the gift goes to a suitable recipient.

Alternatively, you can make a cash donation at any Kmart store register. These cash donations are converted to Kmart gift cards and distributed by the Salvation Army to recipients, allowing them to choose their own Christmas gift.

We hope that many more staff and students of Toolooa State High will consider making a donation to the Kmart Wishing Tree by Christmas Eve.

1 To 1 Laptop Program 2014 – Secure Your Place!

Students who participated in our 1 to 1 Laptop Program in 2013 are still able to secure a place in the program for 2014. To secure a place, payment of the ‘2014 laptop fee’, ‘2014 school fee’ and any other outstanding debts needs to be made at the school office.

A 2014 laptop agreement form also needs to be signed and submitted when payment is made. These agreements are available at the front office.

Students who wish to join the program for the first time in 2014 will be given an opportunity to join at the start of the new school year. Stay tuned for news!

For information about the program please contact Tara Stewart.
Good Guidance with Silke Hetherington

Anger Management

Grandfather sat contemplating. ‘What’s wrong?’ asked the grandson
‘Grandson I have 2 wolves fighting inside me.
One is anger. One is peace.’
The grandson asked ‘Grandfather, which one will win?’
In his wisdom, the old man replied, ‘The one I feed?’

American Indian Proverb

We all have anger. It’s a normal human emotion. At times it is useful to express strong feelings as it helps us deal with situations that trigger those strong feelings. However management is the key. If anger is expressed in harmful ways then it can lead to problems in relationships and affect the overall quality of one’s life.

Recognising Anger

Our bodies are great indicators of anger. When you get angry, your heart rate and blood pressure rise and stress hormones are released. This can cause you to shake, become hot and sweaty and feel out of control. You may then yell, throw things, criticise, ignore, storm out, and sometimes withdraw and do nothing. Take note of your body as it can help you control the extent of your anger.

Anger is a problem when:

- It involves verbal, emotional, physical or psychological abuse.
- You feel angry a lot of the time.
- People close to you are worried about your anger.
- Anger is leading to problems with personal relationships and work.
- You think you have to get angry to get what you want.
- Anger seems to get bigger than the event that set it off.
- Anger lasts for a long time, and well after the triggering event has passed.
- Anger affects other situations not related to the original event.
- You are becoming anxious or depressed about your anger.
- You are using alcohol or other drugs to try to manage your anger.
- You are getting angry with the people who are closest to you, or with people who are less powerful than you, rather than dealing with the situation that sparked off your anger in the first place.

Anger can often lead to violence if not properly controlled and some people use anger as an excuse for being abusive towards others. Violence and abusive behaviour gives someone power and control over another person, usually through creating fear.

Tips to Manage Anger

- **Make a list** of the things that often set off your anger eg running late, your children not cleaning up after themselves, or a co-worker blaming you for something you didn't do. If you know ahead of time what makes you angry, you may be able to avoid these things or do something different when they happen eg. for lateness set your clocks ahead of schedule.
- **Use strategies** to calm yourself – deep breath, count to ten, punch a pillow, walk away, put your anger into getting a job completed, talk to a friend (but when calm).
- **What you think affects how you feel** so CONTROL YOUR THINKING - self-talk yourself into rational thinking. Know you are in charge of you. Choose to act and think calmly. It will win more friends and achieve better outcomes.
- **Be assertive** - Being assertive means being clear with others about what your needs and wants are, feeling okay about asking for them, but respecting the other person’s needs and concerns as well and being prepared to negotiate. Avoid using words like ‘never’ or ‘always’ or ‘should’ (for example, ‘You're always late!’, ‘you should do this’), as these statements are usually inaccurate, make you feel as though your anger is justified, and don't leave much possibility for the problem to be solved.

Seek professional help if your strategies aren't working

Remember – how we respond to anger will set the example for our children to follow. Our behaviour is a choice. When dealing with anger which wolf do you want to feed????

Adapted from Anger Management: http://www.psychology.org.au/publications/tip_sheets/anger/#s5
Stress and Young People

Stress is a normal part of everyday life. The problems from stress happen when stress is regular and doesn’t let up. The chemicals your body releases when stressed can build up and cause changes that damage your physical and mental health – so it’s good to know a thing or two about it!

What causes stress?

Young people face stress in many areas of their lives. School can be a stressful place, if young people are feeling overwhelmed by schoolwork and exams. Friendship issues can cause stress for those who are being bullied, falling out with friends, feeling lonely, or experiencing peer pressure. Young people may face stress at home with family issues, be dealing with serious health problems, or coping with memories of past traumatic experiences.

Things that cause too much stress for one person may be different to another person. The important thing is to work out what’s troubling you.

What does stress look like?

While stress might be caused by a whole range of issues, there are some common symptoms that young people experience. Young people may feel sick in the stomach, experience headaches, sweat a lot, have difficulty sleeping, feel constantly tired, or eat too much or too little. Moodiness, anger, irritability, low concentration, feeling anxious, low self-esteem, teariness and feeling restless are other common symptoms that young people experience.

What can I do if I’m stressed?

1. Take time out for yourself and keep things balanced between work and doing the things you enjoy – it’s OK to say ‘no’ when it gets too much.
2. Be organised, so that your homework and assignments are not left to the last minute.
3. Get active! Try to do some exercise every day. Physical activity such as jogging, swimming and cycling can help reduce the tension in your muscles and your mind.
4. Be aware of how you’re thinking when you’re stressed, and challenge the negative thoughts you might have. Ask for help! Chat with a close friend, parent, trusted adult, teacher, doctor, or youth health nurse. Don’t wait for stress to get so bad that you start feeling depressed or helpless.


Yours in health.
Lani Clements
School Based Youth Health Nurse
Monday, Tuesday and Wednesday
Ph 4971 4364.

Senior Schooling Snapshot

What a Fantastic 2013!

In my final senior schooling snapshot I would like to congratulate the graduating seniors of 2013 who have worked exceptionally well throughout the year to ensure that they have received the best results possible. All seniors have graduated with their QCE or certificate II qualification which is the best result in many years. The dedication you have shown will no doubt be invaluable as you enter the next phase of your life.

2013 also saw Toolooa step up and save over 100 lives through student involvement in Red Cross Blood donation – well done to all involved and I look forward to encouraging even more students in 2014 to roll up their sleeves to help others.

Student Executive members from grade 10 to 12 have excelled this year in fundraising and awareness raising campaigns through involvement in World’s Greatest Shave/Colour day, Bandanna Day, Virtual Babies, Chaplaincy support, Mental Health awareness (local suicide survivors group), Relay for Life and of course the remarkable library courtyard makeover.

The year is not yet over with member of the Interact Club encouraging students to ‘adopt a family’ by donating non-perishable items so that a hamper can be donated to a local charity along with students volunteering to give up their holiday time to assist the Red Cross with its annual Christmas Wrapping at Kin Kora shopping centre.

Tooooloa students you should be extremely proud of what you have achieved this year and I look forward to 2014 being even greater.

Tax File Reminder

Many students will gain part-time work through the school holidays. If you would like forms or you require any other further details please See Mrs Read at the Senior Schooling Building for more information.

Part-Time Jobs

If you are interested in obtaining a part-time job, there will be several that are going to be advertised in the upcoming weeks so please keep your eyes and ears out in the notices.
Building Resilience

The concept of emotional resilience is one that I am passionate about and many who know me well will have heard me on my soap box about it! I describe resilience as the ability to bounce back from difficult situations. It’s sort of like having a bungee cord when we fall over the cliff so we don’t hit the bottom but come back up, albeit a little bit sweaty and green but ok and a bit wiser none the less.

Research is clear: emotional resilience significantly contributes to great outcomes and life success. All parents want what is best for their children. Sometimes though, in our endeavour to protect our children, we take control of a situation, and make decisions, that are not always in our child’s best interest. Have a read of the resilience robbers below and challenge yourself to reflect on things for your family.

Michael Grose (Parenting Educator) talks of 7 resilience robbers that reduce a child’s development of resilience.

‘Resilience Robbers’

- **Fight all their battles for them**
  
  This should be the last resort not the first option. We want our children to have strategies that will help them manage difficult situations.

  **Solution:** Give kids the skills and opportunity to develop their own resourcefulness. Remember there are always 2 sides to a story. Be the consultant not the problem-solver.

- **Make their problem your problem**
  
  Sometimes adults can take too much responsibility for issues that are really up to the child to work out or decide.

  **Solution:** Know when to make their problem their problem.

- **Give kids too much voice**
  
  It is easy to go overboard and allow children too much of a say in what happens to them. Remember you are the adult.

  **Solution:** Know when to make decisions for kids and expect them to adjust and cope.

- **Put unrealistic or relentless pressure on kids to perform**
  
  Expectations about success and achievement are important but they must be realistic.

  **Solution:** Keep expectations in line with a child’s ability. Excessive pressure can create mental health issues.

- **Let kids give in too easily**
  
  **Solution:** Encourage kids to complete what they have started and put in the best effort even if the results aren’t perfect, nor the task significant.

- **Neglect to develop independence**
  
  By teaching kids the skills to look after themselves you are setting them up for life. Start early. Kids who have a sense of independence (but family readily available) feel good about themselves and their abilities.

  **Solution:** As a parent if you weren’t around what skills would you like your child to have eg. for younger – dressing themselves, making something simple to eat, washing up, unpacking their school bag; for older – making their school lunch, cooking, cleaning, using appliances.

- **Rescue kids from challenging or stretching situations**
  
  When things are outside the comfort zone we tend to want to avoid them eg. Doing a presentation in front of others, school camp. When you show confidence in a child and skill them up to face challenges you will not only help them to cope but their abilities may even surprise them.

  **Solution:** Overcoming challenges enables kids to grow and improve.

In life there are many hardships that occur at any age. By skilling up a child to deal with them effectively you will create independent children that are mentally strong and resilient and so able to enjoy life no matter what is put in their path. Isn’t that what we want for all our children?

Adapted from Resiliency Robbers by Michael Grose
2014 Toolooa Musical “Alice In Wonderland” Is In The Making

Toolooa is extremely excited about the upcoming Musical in 2014, Prince Street Players’ Version of “Alice In Wonderland.” The performance will span over 3 days in Term 3 and will be held at the Gladstone Entertainment Centre. Auditions are currently being held during lunch breaks by Arts staff to determine an amazing cast for the Musical.

Decisions are in progress regarding casting as students are holding their breath anticipating the results. Major and Minor roles will be announced shortly and an information package will come home to the lucky participants.

Please take note of the rehearsal schedule prior to signing the participation/commitment form. We look forward to your support in this exciting Arts Extravaganza where a classic tale will be given new life on stage.

Mindi Mewing (PEP Coordinator)

Chaplin Report

I Don’t Know

This year has seen a lot of growing for me as a chaplain and as a person. I have learnt much about people, and about how I see life.

Having the title “Chaplain”, I often feel this expectation to be the one who has the answers and to be a great pool of wisdom. I realized that I actually liked this expectation, and aligned myself to meeting this expectation. I learnt that in many ways I have been fooling myself, and that by acting like I knew everything was a coping mechanism I had developed to deal with the fear of the unknown and to make myself feel unique and important. Being able to look at people and life, and feel like I understood it all made me feel like I had everything worked out and that my understanding or wisdom, was beyond that of others.

This gave me a false sense of self confidence, worth, and value.

But in this last year some events in my life have caused me to look inward, and I realized that as puffed up as I may feel as person being able to understand life, that ironically everything I know has actually been the culmination of what I have learned through others; through the very people I had taken pride in teaching.

I now realize more and more every day that it is okay not to know everything, that there is much wisdom to be found in sometimes accepting the unknown for what it is, and sometimes saying to yourself, “I Don’t Know…………..”

Dewald (Waldo) Van Der Merwe Chaplain
Toolooa’s Got Talent Reaps BIG Rewards

Toolooa’s Got Talent 2013 was yet another success for Toolooa students. So many talented students showcased their skills in front of various audiences and battled out for prizes and the title of ‘Toolooa Idol’. The Top 10 received medallions and trophies, with the top 3 also receiving prizes.

Jed Ware, our 1st place winner for 2013 took home this brand new Marshall electric guitar amp, 2nd place Ryan Single & Lucas Montgomery will be taking home effects pedals for their guitars, and 3rd place Sariah Wright St Clair received the Dr Dre headphones she has always wanted.

This competition is a great opportunity for students to gain confidence and recognition for their talents and passion in the Arts.

Congratulations to all.

Mindi Mewing
(Performance Excellence Program Coordinator)

Arts Showcase 2013

Toolooa’s Arts Showcase was a powerful and impressive display of the vast talent that the students here at Toolooa possess. From drama skits to solo and large group dances, to vocal performances, Taiko drums and Instrumental music performances.

The students hit the stage with an almost full house, as colourful lights danced across the screen and eerie dry ice oozed across the floor as the Corpse Bride dancers performed. The Toolooa Techie team controlled all of the props, lighting and sound, spot lights and curtains through the event, to assist in a smooth show.

All of the teachers, students and parents were extremely proud and are grateful to have been able to show Gladstone just how amazing Toolooa students really are.

Thank you to the parents who organised their student’s costumes and transport and for your support of the Arts at Toolooa.

Mindi Mewing
Performance Excellence Program Coordinator
Due to the overwhelming uptake from 434 participating students in 2013, Central Queensland Region has committed more funding in 2014 to deliver four UniFY projects. Like-minded, high achieving and talented students from across the region will once again have the opportunity to connect in new on-line, higher order thinking challenges via the Brisbane School of Distance Education.

Over the course of the year, more than 700 nominated students with a strong interest or ability in project topics will work with specialist teachers on each of our CQ selected projects. One project will be offered each term, one lesson per week, with up to ten lessons in total per project. All projects include an on-line event with specialist University reps in each of the chosen project areas. To acknowledge their efforts, participants will have their involvement recorded on semester report cards.

2014 UniFY Projects:

Term 1 - Shape Up (Years 6, 7 & 8) – math investigative focus

Term 2 – Critical Thinking (Years 5-9)

Term 3 – Creative Writing (Years 5-9)

Term 4 - Scientific Literacy (Years 5-9)

Feedback from students, parents and teachers supports the value of UniFY projects:

Student from Longreach State High School - “I particularly like all the different activities that we do and all the different people we get to talk to. The teachers are really nice and make the lessons fun.”

Teacher from Kin Kora State School – “The students have been enthralled every lesson and stay for an extra 30 minutes each lesson to continue the projects. It has been so worthwhile for me to see the extra work that they are prepared to put in at home….they are just so involved.”

Parent from Eimeo Road State School - “This kind of extra-curricular or extension activity has been invaluable and I believe it has provided my son with deeper knowledge, skills, confidence and a keenness for school.”

Information regarding nominations for Project 1 will be received in schools shortly.

I commend this program to you as an excellent method for engaging and extending our talented students. Please contact your school to discuss this G&T program.

Regards

Wayne Butler
Regional Director
Central Queensland
COMMUNITY NOTICES

Optimal Pharmacy Plus Kin Kora is looking for junior staff 14 years and over who are available for after school and weekend employment. You must be available for shifts between 8am – 9pm. You will be required for up to 10 hours of work per week. If interested, please bring your resume into the store or contact us on 4978 0888.

Melissa Howells
Manager – Optimal Pharmacy Plus.

Last Puberty Clues Workshop for 2013

Do you have a daughter in years 5, 6 or 7? Do you require information about Puberty or help to open up the channels of communication between you and your daughter on the subject of puberty and menstruation? If so then the Puberty Clues workshop might interest you.

Puberty Clues is a regularly offered workshop for mothers and daughters (years 5, 6 or 7) providing accurate and up to date information about the changes that occur during puberty that is held regularly through the year and the last workshop is being held on the 27th November 5.30pm to 8.00pm.

Booking is essential.

The cost of the workshop is $5 per session and is free to members.

Please contact the Women’s Health Centre on 49791456 to, or info@gladstonewomenshealth.org.au to book a place.

Open 9am to 4.30pm Monday to Thursday
Closed Friday

Gladstone Women's Health Centre
9 Derby Street (PO Box 8219)
South Gladstone 4680
Phone: 49791456
Fax: 49791901
Email: info@gladstonewomenshealth.org.au
www.gladstonewomenshealth.org.au

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