

Toolooa State High School

Tune In Toolooa

ISSUE 15

Term 3 — Week 10

14th of September, 2023

Respect



Principal's Piece — Justin Harrison

As Term 3 draws to an end, I would like to sincerely thank our Toolooa community for the support and commitment you have shown our school, and more importantly, your child over the course of the last ten weeks.



Providing students with the best education possible in a safe and supportive environment would not be possible if it was not for the hard work of the teaching and non-teaching staff. I would like to take this opportunity to thank all staff for their commitment to providing each child with a quality education. To those families who have taken the time to thank the school for everything we do, I appreciate it.

I am sure all students and staff are looking forward to the break, a time to recharge and return with the energy and focus needed to achieve great things in Term 4. For those families who are travelling on our roads during the break, please take care and we look forward to seeing everybody back on Tuesday the 3rd of October.

Reporting

Year 11 and 12 reporting is now complete for Term 3. Your child's report has been e-mailed home. Please talk with your child about how they have progressed this term and make contact with the school if you have any concerns.

Year 7 - 10 reports are due to administration on Tuesday 3rd October. They will be emailed out shortly after this. As with senior, I encourage all families to discuss these results with your child, celebrate their achievements and if you have any concerns, please do not hesitate to contact your child's teacher.

Attendance Celebration:

Friday 15th September sees our term 3 attendance celebration. Any student who has attendance at or above 90% will be invited to celebrate with an ice-cream sundae. Thank you to the tuck shop who are assisting with serving over 600 children ice-cream!

Term 4 Dates

Term 4 will commence on Tuesday the 3rd of October.

Final day for Year 12 attendance is Friday 17th November

Final day for Year 10 & 11 attendance is Friday 24th November

Final day for Year 7,8 & 9 attendance is Friday 8th December

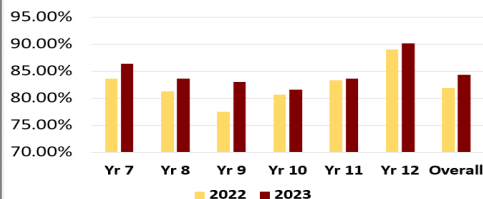


Achievement

Responsibility

Student Attendance Level.

Student Attendance Levels - 2022/2023
Term 3 - Week 10



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Arts Showcase

Congratulations to each and every student involved in last week's Arts Showcase! What an incredible display of talent, hard work, bravery, and entertainment!

Thank you to the community for supporting this event. How wonderful for our students to be able to perform to a packed house at the Gladstone Entertainment Convention Centre, filled with love and support

Huge thanks also to the Arts team (and their supporters) for the endless hours of work that went into this wonderful event.



National Youth Science Forum



Congratulations to Matt, Ben and Josh (Year 11), who represented Toolooa SHS at the National Youth Science Forum, and were successful in selection!

Thanks to Mrs Read for her dedication and support!

R U OK Day



R U OK? Day (Thursday 14th September, 2023) was our national day of action dedicated to reminding everyone that every day is the day to

ask, "Are you OK?" and support those struggling with life's ups and downs. We are very proud of our Toolooa State High School staff and students for their efforts in supporting the raising awareness of checking in on our fellow peers.

For the Fridge

- 14/09/2023 RUOK Day
- 15/09/2023 Last Day of Term 3
- 2/10/2023 Public Holiday
- 3/10/2023 School Resumes Term 4
- 16/10/2023 P & C Meeting—Shelter - 6:00pm
- 19/10/2023 Awards Night
- 15/11/2023 Sports Awards Night
- 17/11/2023 Year 12 Formal & Last Day
- 24—29/11/2023 Year 9 Canberra Excursion
- 24/11/2023 Final day for years 10 & 11
- 8/12/2023 Final day for years 7,8 & 9.

Shaping the future



Equity and Excellence



Principal's Piece Continued

- Justin Harrison



Future Cities Program

We have had some amazing achievements from some of our students. This term a small group of Yr 7 and 8 Students participated in a program called Future Cities where they had to design the transport for Gladstone in 2050. These students have worked very hard on this project and have stayed back at school sometimes until 5pm doing online lessons and preparing their pitch videos. I am proud to announce that at the awards ceremony our Year 7 team placed 3rd while our Year 8 team finished 1st. This challenge has always been won by the Redeemer College in Bilo and we were the first team to beat them. If you would like to watch the students please do (Link below) and if you see these students around school, please congratulate them for their amazing achievement.

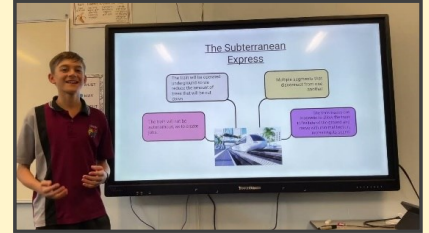
Year 7 Team - Mission Possible - Jyoti Warriar, Elizabeth Nicol, Layla-Jayne Scott, Sienna Maunders

<https://www.youtube.com/watch?v=s814sAj4k0>

Year 8 Team - Fantastic 4 + 1 - Jarvis Bruhn, Jehan Sadi, Tanishka Kannan, Lily Bainbridge, Robert Dobson

<https://www.youtube.com/watch?v=vGt7GiK6EVY>

[Fantastic 4 + 1—www.youtube.com](https://www.youtube.com/watch?v=vGt7GiK6EVY)



Student Parking and Road Safety

2023 is only the fourth year we have had some Year 11 (17year old) students gaining their P Plates and driving themselves to school. As a result of the change to the starting age in Queensland, we now have two cohorts of students eligible to drive and park across the road from the school. Students who drive to school and park on the designated area (council property), park at their own risk. The school is unable to take responsibility for damage to staff or student vehicles parked on or near school property. Students are reminded that any pranks or dangerous driving resulting in damage to vehicles will be referred to police and families.



Students have been reminded that they are not to leave the school grounds without the permission of the school. They must also sign in and out through the office when arriving or leaving due to their timetable

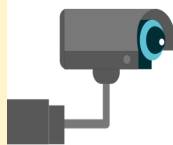
variations. Students have been reminded that they must not take other students in their car during breaks. Finally, the school will not give lunch passes to purchase food from nearby shops. Wholesome, great tasting lunches can be purchased from our wonderful school tuckshop.

Year 10 SET (Senior Education and Training) Plan Meetings

During the last 6 weeks of this term, a team of 13 SET Plan case managers conducted individual meetings for close to 210 Year 10 students and their parent/guardian(s). These mandatory meetings were an excellent opportunity to meet with parents/guardians to review, align and discuss the student's intended learning options after Year 10, their career aspirations, explaining the QCE, their chosen school pathway (ATAR Vs Pre-vocational) and to also help guide subject selections and external program options/applications. Additionally, I believe these contact meetings were also used to effectively communicate school expectations, policies and procedures of the Post-compulsory phase of education. I would sincerely like to thank all parents of Year 10 students for engaging in the SET planning process and supporting the school on the advice/guidance given to students. A big thank you must also go to the following SET Plan Case managers, who gave up their time and re-scheduled calendars to fit in each of their allocated meetings; Mark Thomas (DP), Danielle Willard (DP), Silke Hetherington (G.O), Jenny Morris (G.O), Dave Roby (HOSES), Vic Provan Year Level Coordinator (YLC), Darren Boase (HOD Senior Schooling), Chris Hill (HOD), Amanda Patzwald (YLC), Paula McDonald (YLC/HOD), Tracy Connolly (CEC), Kelly McEachran (Youth Support Coordinator) and Sue Jerez (Year 10 Diverse Learning Case Manager). Your commitment to student pathways and outcomes does not go unnoticed. If parents/guardians have any further questions regarding their child's Senior schooling please do not hesitate to give the school a call.

Year 12 Mock External Assessment

Congratulations to all Year 12 students who have sat their Mock External exams over the last week. I believe all students conducted themselves with academic integrity and given these mock exams their best effort. Whilst these Mock exams do not contribute to a student's overall summative results and may have been stressful for some, the anecdotal feedback we have received from students and parents alike has been very positive. Most students are extremely grateful for not only the exposure to a simulated EA environment and conditions, but more importantly, the opportunity to have their responses marked by their teacher so as to receive constructive feedback which will then guide the re-teaching and learning for the 3 weeks leading up to the real EA block starting in Week 4 next term. More information about the real EA block will be communicated early next term.



With the holidays fast approaching, we need you to look out for after-hours crime in our school.

If you see anything suspicious, please don't attempt to intervene.
Call the School Watch number – 13 17 88.

The School Watch Program is a partnership between Education Queensland, the Queensland Police Service and the State Government Protective Security Service. It aims to reduce vandalism, theft and arson in Queensland schools.

Keep the number handy – 13 17 88 – and let's work together to help create a safer school community.

For more about the School Watch Program contact Education Queensland's School Security Section on (07) 3237 0874.

Keep a Watch on Our School These Holidays



LOOK • LISTEN • REPORT

PHONE
13 17 88



Good News Stories



CONGRATULATIONS!

Congratulations to the following athletes, who have been selecting in the Capricornia Track and Field Team!

Mia Hetherington	Riley Townsend
Milly Sharpe	Ryan Goltz
Cara Corke	Juztis McGrath
Reef Large	Dominic Halligan
Cohen Beach	Bailey Stewart



School Dental Clinic

Child and Adolescent Oral Health Services



You can now complete your child's dental medical and consent form for GLADSTONE via the QR code below.



Alternatively, you can enter the following link in your browser:

<https://forms.office.com/r/feXMFxcRAW>

If you have trouble accessing the QR code, please ring 4920 6372 or email cahhscaohs@health.qld.gov.au



REMINDER

PLEASE REMEMBER TO UPDATE YOUR DETAILS WITH THE SCHOOL IF YOU MOVE HOUSE, CHANGE PHONE NUMBER OR EMAIL ADDRESS.

IT'S PARTICULARLY IMPORTANT THAT EMAIL ADDRESSES ARE UPDATED, AS REPORT CARDS GO HOME VIA EMAIL.

Toolooa State High School 2024 Year 7 Info Night 2

<https://eq.sobs.com.au/pt3/parent.php?schoolid=70345>

Toolooa State High School 2024 Year 7 Info Night 2



Families of 2024 Year 7 students are invited to join us for our final information session of the year.

Tuesday 7th November 2023

4:45pm - 5:45pm

Toolooa SHS Shelter

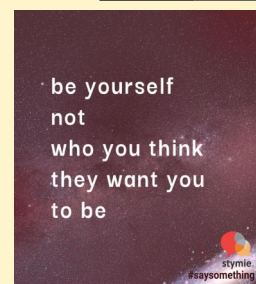
Please book online



Stymie News



Week 9



Week 10



Senior Schooling News With Darren Boase



TOOLOOA SHS CERTIFICATE COURSES

Certificate II courses available in

Engineering Pathways (Axial / CQU)

Electrotechnology (CQU)

Automotive (Axial / CQU)

Health Support Services (Blue Stone / CQU)

Autonomous Technology (CQU)

Process Plant Operations (CQU)

Retail Cosmetics (LarShar)

Salon Assist (CQU)

Hospitality (CQU)

and more..

For further information on how to apply, see Senior
Schooling in the Library.

LarShar College of Beaute & Hair



2023 - Term 4 WORK EXPERIENCE

Available Dates:
BLOCK 7: 27th Nov - 1st Dec
BLOCK 8: 4th Dec - 8th Dec
School Holidays

Applications Available:
Term 3 - Mon 11th Sept - Fri 15th Sept 2023
Term 4 - Tue 3rd Oct - Fri 13th Oct 2023
CLOSING DATE: FRIDAY 13TH OCTOBER 2023

Please see the Senior Schooling Team in the Resource Centre to Apply.

Gladstone Manufacturing Hub

Gladstone Manufacturing Hub, in conjunction with Toolooa State High School, organised an opportunity for some of our year 10 students to visit local manufacturing businesses yesterday. The students gained an insight into the trades and roles associated with manufacturing and witnessed some of the machines in action. A big thank you to Gladstone Manufacturing Hub, Upton Engineering and GMG for their involvement.



Manufacturing Tour 2023



3 year Mechanical
Engineering Drafting
Traineeship (Diploma)



Business
Administration
Traineeship



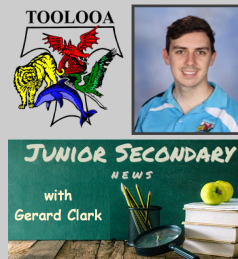
APPRENTICES AND TRAINEES
QUEENSLAND
MY SKILLS, MY TRADE, OUR FUTURE

Electrical Instrumentation Apprenticeship



<https://atqld.zohorecruit.com.au/jobs/Careers>

From The Junior Secondary Head of Department With Gerard Clark



The Junior Environmental committee have been meeting each week to continue their ongoing sustainability projects. The students still continue to collect and maintain our *schools Containers for Change* recycling program and ask that students remember to please only place empty drink bottles and cans in our brightly coloured bins. The students have been maintaining some vegetable seedlings and are patiently waiting for them to grow enough so they can be transferred into new vegetable patch. They have also worked together to construct a new worm farm and excited to roll out a new composting project in Term 4. Next term, the committee is also excited to see our native bee hive put into place and learn about their ecosystem.

In week 9 this term, some of our awesome junior environmental committee members planted some native plants provided to the school through Gladstone Regional Council's initiative Ecofest. The school was also provided plants from the Toondoon Botanical Gardens for National Tree Planting Day which was earlier on in the term. Toolooa is very appreciative for the ongoing opportunities we have to access these resources to enhance our school grounds and educate our students around sustainability.

We would also like to give a huge shout out to our school's long term gardener Scotty Mercer who took the time out of his busy schedule to show our students some gardening basics and has been working hard in the background, along with other key staff to bring the students ideas to fruition. We are excited about the ongoing projects in our school and look forward to continue them next term.



LOTE News

Japanese News

Konnichiwa! Mrs Fisher and the year 8, 9 and 10 Japanese students at Toolooa State High school have been busy re-connecting with our sister school, Jyonan Junior High School in Saiki City, Japan.

"At the start of this term, the students from Jyonan Junior High School sent us a video message speaking in English describing their school. In response we made a video outlining our school events and other features and then recorded these messages speaking in Japanese. We have just sent our video messages back to the students in Japan. We are looking forward to continuing this communication with the students from Saiki City in the future."
Samantha Rigley, Year 10 student.





Good Guidance with Karyn Baxter, Jenny Morris, & Silke Hetherington. FROM THE GUIDANCE OFFICE



Connecting and Communicating With Your Child

(adapted from an article by The Gottman Institute)

As Guidance Officers, a common statement we hear from parents is, "They just won't talk to me." Feeling estranged from your own child is painful, and it has implications for the child. Research indicates the most important predictor of a child's emotional and psychological stability is the closeness of the parent/child relationship.

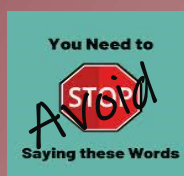
There are two habits that parents routinely engage in that shut down communication and drive a child away: negating feelings and mistaking sympathy for empathy.

Sympathy vs. Empathy

When a child is truly in distress because they feel hurt, disappointed, worried, or angry, they desperately need their parent. Yet, often, parents don't want to see their child feeling negatively, so their first instinct is to tell their child not to feel the way they do. Before they think, statements such as "don't be disappointed" or "don't be mad" escape. This results in the child feeling ashamed of how they feel, compounding the hurt. Moreover, the knowledge that their parent does not understand leaves them feeling alone, which is detrimental. Basically, the child learns that opening up about how they feel makes them feel worse.

Statements To Avoid:

- Don't worry
- Don't feel that way
- Don't be disappointed
- Don't be like that
- Don't be mad
- You are too sensitive



A better idea is to empathize. Honour their feelings. Feelings are never wrong; it's what kids **do** with feelings that can get them in trouble.

Examples Of Statements That Reflect Empathy Include:

- That's a big worry. I get it
- You are upset. I would be too
- You have every right to feel disappointed. I felt like that when I was your age
- You are mad. I understand. You have every right
- It hurts to see someone do something you want to be able to do, but can't yet
- You are mad. I'm sure you have a good reason. I want to hear about it

After you give them a solid dose of empathy, the child feels understood and connected to you, which means they immediately feel better and will want your help in problem solving. In many cases, the empathy is all they need to feel better. Simply knowing their parent understands allows them to feel secure and forge ahead.

In addition, just because you empathize with how your child feels does not automatically mean you are condoning bad behaviour. For example, my son came in the door angry last week. He slammed the door and threw his coat down. I said, "You are mad. I don't know why, but you probably have a very good reason, and I want to hear about it, but you can't throw your coat. Go pick it up." After he picked up his jacket, he immediately came to me and told me he was upset about a conflict he got into with a friend.

Empathy wins

Here's how it works: Empathy creates good vagal tone in a child's brain and immediately calms them. After receiving empathy, they settle down and can logically think through problems with you. They also feel understood and close to you which allows them to forge ahead with a sense of security.

No parent wants a child who feels sorry for themselves, plays the victim, or is overly dramatic, and maybe that is the fear that prevents a parent from being empathic. However, honoring their child's feelings is actually what prevents a sense of entitlement or a victim mentality in a child. Sympathy, on the other hand, disrupts any chance of emotional attunement and tempts parents to enable. The parent saves and rescues their child from negative feelings instead of helping them work through difficult feelings.

An example of this could be reflections about a disappointing situation at sport for your child - "Mum, I was the worst player tonight. I'm the worst one every game. I barely got time on the field."

Now, I have two choices, the sympathetic response or the empathic response.

1. The sympathetic response: "Oh mate, I'm going to call your coach and talk to him. I don't think it's fair that he benches you all the time."
2. The empathic response: "That hurts, kiddo. It hurts to feel like you're the worst one. I get it. I've felt like that a lot in my life. It stinks. Keep working at it."

In essence, the sympathetic response tempts us to enable and ask that the rules be changed or concessions be made for our child, which teaches them to play the victim. Also, it requires no emotional investment on the parent's part because the parent becomes the powerful saver and rescuer, which strokes the parent's ego. It is the easy way out.

The empathic response requires the parent shift from how they feel to how the child feels. It's emotional attunement. It's the parent remembering how it feels to be the worst one at something, so they can relate to their child. It's selfless and it puts the child first, emotionally. When there is emotional attunement, the child feels understood and connected to you, which allows them to feel secure and more able to forge ahead and try again. Empathy creates a rugged work ethic and resilience in a child. The child will thrive on adversity instead of breaking down when negative things happen. Empathy creates brave and strong human beings.

Stay close to your child. Empathize and empower. The reward will be priceless.

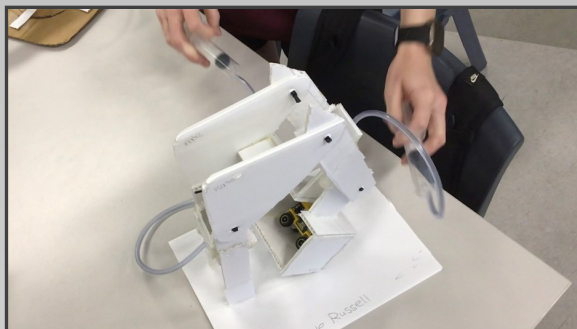


Technology News

technology
news

This term in Year 9 TES students have followed the design process to design and create a hydraulic arm capable of picking up a small toy car (matchbox car).

To get to the final product, students had to research the correct use of hydraulics, including doing calculations on physics, making self-prescribed criteria for success and create designed sketches. Above is an example of one student's solution to the engineering problem.



Health & Physical Education News

Physical
Education

Representative School Sport:

Term 3 has brought many more sporting opportunities for our students. Over the last couple of weeks, we have had a number of our students selected for Port Curtis and Capricornia teams for a range of sports. Congratulations to the following students who have been selected for Representative Teams;

Port Curtis Representative:	Sport:
Tanish Jogiya	Athletics
Charlie Martin	Athletics
Kaleb Hicks	Athletics
Aleena Quadri	Athletics
Kodi James	Athletics
Bryce Schellebeck	Athletics
Jayla Urane	Athletics
Jorjia McCabe-Garthe	Athletics
Cohen Jarrett	Cricket
Isaac Slack	Futsal

Congratulations to all students and we wish you the best of luck for the next stage in these sporting competitions.

Interschool Volleyball

Toooloa recently competed in the annual Interschool Volleyball Competition with a total of 3 senior teams. It was an electrifying event that brought together schools to battle it out on the court. The venue echoed with cheers and applause as our players dived, spiked and blocked their way through some intense matches. Our teams won multiple games with many unforgettable highlights and epic rallies but unfortunately just missed out on being crowned champions.

Capricornia Representative:	Sport:
Mia Hetherington	Athletics
Reef Large	Athletics
Cohen Beach	Athletics & Futsal
Sadie Robinson	Athletics
Ryan Goltz	Athletics & Cricket
Dominic Halligan	Athletics
Riley Townsend	Athletics
Cara Corke	Athletics
Juztis McGrath	Athletics
Milly Sharpe	Athletics
Bailey Stewart	Athletics
Kodi James	Futsal



A huge congratulations goes to our students for displaying great sportsmanship, teamwork and sheer determination and talent. A big thankyou needs to go out to our coaches Mr Todd DeAraugo, Miss Isabeau Smith and Mr Chris Hill. We can't wait to see the participation again next year!



Interact BBQ Fundraiser

Well done to the amazing Interactors who gave up their Saturday to help with the BBQ fundraiser. It was another very successful day with over \$1500 in profit being raised to assist with the group's charitable donations.



A special thank you to:

- Woolworths Valley store for providing some support to assist with purchasing bread and sauce,
- Jiexi for being in for the long haul (9am to 4pm shift!!),
- Mr Muller again for his expertise on the BBQ for the morning session and The Wyatt family for again a quick and seamless pack up at the end of the day.





Nurse Natters

Womens Health Week



A little reminder that getting regular health checks is the best way to protect your longterm health
<https://www.jeanhailes.org.au/uploads/Health-checks-for-women-poster.pdf>

All students with an asthma diagnosis should have a current asthma management plan, if you would like to discuss any concerns for your child's asthma management, please contact your SBYHN for a chat.

Yours in Health

Kerry O'Connell

Kocon144@eq.edu.au or 49714336

Health checks for women

Your guide to what you need and when

Blood pressure check	Every two years from age 18 or more often if at increased risk.
Cholesterol check	Every five years from age 45 (age 35 for Aboriginal and Torres Strait Islander women). May be earlier/more frequent depending on family history and personal risk factors – speak to your GP.
STI screening	For sexually active women of all ages, speak to your GP about how often to screen for sexually transmissible infections (STIs). Women under 30 may need screening at least once a year.
Pre-pregnancy care	As needed, when women are of childbearing age.
Breast self-check	Once a month for women of all ages. Get to know the normal look and feel of your breasts. Speak to your GP if you notice any unusual changes.
Breast cancer screening mammogram	Every two years from age 50-74. Women with higher risk or family history of breast cancer may need to screen earlier/more often – speak to your GP.
Heart health check	At least every two years from age 45 (age 35 for Aboriginal and Torres Strait Islander women).
Diabetes screening	At least every three years from age 40. May be earlier/more often for women at higher risk and those who are pregnant – speak to your GP.
Bone health (fracture risk) review	Once a year from age 45 or post-menopause. Depending on bone health and risk of fracture/osteoporosis, your GP may suggest a bone density scan (DXA) every two years.
Cervical screening (formerly Pap smear)	Every five years from age 25 to 70-74. If you started having sex after age 25, screening starts two years after you were first sexually active.
Bowel cancer screening	Every two years from age 50 for the general population. Women at higher risk may need to screen more often and with other tests – speak to your GP.
Skin check	Perform regular self-checks, looking for new/changed spots. Speak to your GP if you notice anything suspicious.
Mental health check	If you are experiencing symptoms such as sadness, irritability, fatigue or anxiety; have had changes to your eating or sleeping habits; or have any other mental health concerns, speak to your GP.
Dental check	At least once a year for women of all ages. Dentist to advise if more frequent check-ups are needed.
Eye test	From age 65 if you notice vision problems. Speak to your GP if you have a family history of glaucoma.
Hearing test	Once a year from age 65.
Vaccination review	At least once a year for women of all ages.

Regular health checks help to prevent and detect diseases early, often when they can be more easily treated. This information is provided as a general guide. You may need other or more frequent checks. If you notice blood in your poo or urine; pain or a lump in your breast; nipple discharge; bleeding after sex or between periods; or anything else unusual or concerning, don't delay – speak to your GP.

Who can help?

Your GP
National Cancer Screening
Register: 1800 627 701
BreastScreen Australia: 13 20 50
Your pharmacist, optometrist
and dentist

 **Jean Hailes**
for Women's Health

Jean Hailes is supported by funding
from the Australian Government.
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jeanhailes.org.au

NURSE

NATTERS

MEDICATIONS AT SCHOOL



If your child is required to take medication whilst at school or on school activities such as camps, you need to contact the school office to discuss the correct process for your child's requirements.

All medication on site needs to be managed through the below process.

The following steps are required depending on, if your medication needs to be given to your child daily or only on occasion as needed:

TYPE OF MEDICATION	WHAT NEEDS TO BE PROVIDED TO THE SCHOOL
'AS NEEDED' MEDICATION <i>Examples include:</i> <ul style="list-style-type: none"> - Panadol - Kwells - Nutritional Supplements - Ointment for skin 	<ol style="list-style-type: none"> 1. The medication with a pharmacist label attached that includes: <ul style="list-style-type: none"> • Students Name • Doctors Name • Instruction of what dosage to provide 2. Complete the form Consent to administer medication 3. Complete the form Medication order to administer 'as-needed' medication at school. This form needs to be signed by the doctor/health practitioner. <p>Note: Should the dosage instructions change to what has been provided on the Medication order to administer 'as-needed' medication at school then a new form will need to be completed with the doctor/health practitioner and provided to the school prior to medication dosages being changed.</p>
ROUTINE MEDICATION <i>Examples include:</i> <ul style="list-style-type: none"> - Daily Ritalin 	<ol style="list-style-type: none"> 1. The medication with a pharmacist label attached that includes: <ul style="list-style-type: none"> • Students Name • Doctors Name • Instruction of what dosage to provide 2. Complete the form Consent to administer medication
WARNING: CHEMIST LABELS THAT DO NOT STATE THE PRESCRIBING PHYSICIANS NAME ARE NOT ACCEPTABLE	

PLEASE NOTE:

1. - The school will not administer any medication to a child unless the above process has been followed. The parent/caregiver will be contacted to attend the school for all medication circumstances where the above requirements have not been met.

2.- Medication that needs to be sent away with a child on camps or excursions is required to be handed to the office with all necessary forms completed a minimum of 5 days prior to the event.



STUDENT HEALTH PLANS

Any student who requires a health plan for a medical condition must contact the school office as soon as they are made aware of its requirement. The school will guide you through the process of how health plans are managed at our school.

Likewise, should there be any changes to an existing health plan that the school holds, the parent/caregiver must update the school as soon as known.

Further information around student health support can be found here :

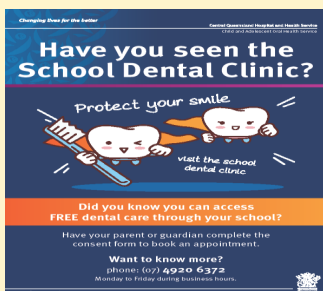
<https://ppr.qed.qld.gov.au/attachment/managing-students-health-support-needs-at-school-procedure.pdf>



<https://ppr.qed.qld.gov.au/attachment/managing-students-health-support-needs-at-school-procedure.pdf>

School Dental Clinic

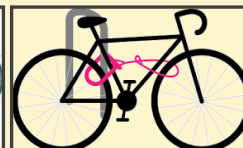
If you would like your student to see the school dental clinic, please arrange an appointment by contacting the number below:



Phone (07) 4920 6372

Bike & Scooter Safety

Does your child ride a bike or scooter to school? As the bike racks are often left unattended, it is very important that your child locks his/her bike up throughout the day. Please talk to your child about how they secure their bike or scooter to ensure its safety.



A Reminder To Wear a Helmet When Riding Your Bicycle

We would like to remind everyone that the road rules require you, to wear an approved (Australian Standard 2063 or AS/NZS 2063) bicycle helmet. This helmet must be worn on your head, and properly fitted and fastened before use.



Calculators Available from the Office

Please be advised that Scientific Calculators and Graphics Calculators have now arrived at the school.

Scientific Calculators are \$25.00 each.

Graphics Calculators are \$215.00 each. (These calculators are only required by some maths students in Yrs. 11 and 12.

Students can purchase these from the office but only during their recess breaks.

P & C



P & C Meeting Dates



P & C Meetings are week 3 & 8 of every Term on a **Monday** @ 6pm in the Shelter Classroom which is entered via the door in the carpark turnaround.

Please see the below dates for future meetings.

- 16/10/2023

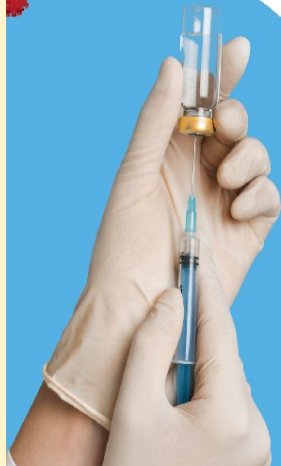


LOST PROPERTY

The lost property box in the office is overflowing!

If your child has lost something at school (jumper, lunchbox, hat, water bottle, etc), please send them to see the office ladies.

2023 School Immunisation Program for ALL Year 7 and 10 Students



Catch Up Clinic:
Term 3 (Date to be advised) for students who have not had their immunisations.

**THIS IS NOT A COVID 19
VACCINATION CLINIC**



WHAT'S UP IN TOOLOOA³ HOUSE?

Reinforced
reading
before
school

Breakfast
Club
Monday
Morning

Home work
Club every
morning

Lego Club
at Lunch

Catch-up
work
at
Lunch

Come and join in some of the fun:

School Uniform Donations Wanted

The school would like to ask families to consider donating to the school any used uniforms that they are not handing on or selling.

These uniforms are then used for emergent situations as required. (They are **NOT** sold).

If you wish to donate your uniforms (in good condition) please leave them at our front office.

Thankyou, any help is greatly appreciated.



Tuckshop News



We have eftpos machine in the tuckshop, with a no cash out policy. You can also pre-order your lunch if you wish so that you don't have to wait in line or miss out on your favourite food.

Please use some etiquette and be considerate when using the EFTPOS facilities, & if you do utilise this privilege, please wait for your transaction to be approved before walking off or do not start eating or drinking your order until the transaction has been approved.

PLEASE NOTE:

We can no longer accept payments over the phone or written on the uniform sheet as the bank has removed the manual function on our eftpos machines.

PRE
ORDER
NOW!



Thankyou.
Kim—Tuckshop Convenor

COMMUNITY NOTICES



Register at playhq.com
Search for the 'The Glen Cricket Club'

COME AND TRY CRICKET!

CRICKET BLAST \$75



JUNIOR CRICKET \$130



GLADSTONE CRICKET COMBINED SIGN ON AFTERNOON

Thursday 14th September 4.30pm @ Clinton Sports Field

THE GLEN HOLIDAY COME AND TRY SESSIONS / JUNIOR TRAININGS

Wednesday 20th September 4.30pm @ Sun Valley Park

Wednesday 27th September 4.30pm @ Sun Valley Park



Contact The Glen CC:

theglencricketclub@gmail.com

The Glen Cricket Club

Ages are a general guide, the different stages are skill-based



Uniform Shop News



Opening Hours are Tuesdays
8am-12pm

Enquiries, online orders or emergencies
please email
uniformshop@toolooashs.eq.edu.au

You can download a uniform pre order form
from the school website at
www.toolooashs.eq.edu.au

Just a reminder that the everyday shorts with
Toolooa Logo are **COMPULSORY**

Music shirts are now
available to purchase
at the uniform shop.



Tuckshop News



Check our daily special board for changing meals or why not order a healthy salad or wrap suited to your own requirements? Please see our staff to help you with this.

Students can preorder at tuckshop from 8.20am for their lunch to ensure they do not miss out on their favourite food or if they have a special request please have a chat with one of the tuckshop ladies.

Did you know we offer outside catering as well as internal catering?

If you are having a Luncheon/ staff morning or afternoon tea, we can help with a variety of options?

Sandwich and Wrap Platters,

Fruit and Sweets Platters, and
other options are available.

Call our staff for a quote.

Phone #: 49714353.



Student Absences

To streamline the process at Toolooa SHS, I encourage all parents/ carers to contact the school on the below e-mail, SMS or phone numbers to explain your child's absence:

- ⇒ E-mail:
- ⇒ SMS:
- ⇒ Phone:
- ⇒ Absentee Office Hours:

studentabsentee@toolooashs.eq.edu.au

0426 305 132

49 714 360

49 714 304



Toolooa State High School Office Hours

Monday to Friday 8:00am - 3:30 pm

General Enquiries Ph. 07 4971 4333

Student Absentee Notification Ph. 07 4971 4360

Toolooa State High School

2 Philip Street

PO Box 8109

South Gladstone Qld 4680