

# Toolooa State High School

## Tune In Toolooa

ISSUE 8

Term 2 — Week 6

25th of May, 2023

### Respect

### Achievement

### Responsibility



#### Principal's Piece — Justin Harrison

##### Upcoming Assessment

With week 6 nearly completed and the majority of subjects moving into the assessment phase of the term, students need to be organised and committed to their upcoming assessment. It is important that students take ownership of their learning and commit to each subject while also seeking feedback from their teachers on how to improve. I encourage parents/carers to regularly discuss their child's progress and be 'ahead of the game' when it comes to their upcoming assessment, and to contact the school if you have any concerns.

##### Every Day Counts

As we already know, there is a very clear link between attendance and achievement. Currently, our year-to-date attendance percentage sits at 85.2%. This percentage is higher than the same time last year, however, it is significantly below the school's target of 90%. To provide every student with the best chance of success, I encourage all families to continue to communicate the importance of coming to school and for their child to engage in all classes. If you are having any difficulty in getting your child to school, please contact the Year Level Coordinator or Deputy Principal to discuss possible strategies.

##### Gold Award Presentations

Each term, Toolooa recognises students who have strived to achieve outstanding academic results in each of their subjects they are studying. On Tuesday the 9th of May, Toolooa State High School held a recognition parade to celebrate the academic success of our students for Term One of 2023.



**Year 7:** Mieka Barton, Tyler Cruickshank, Hui Yan Hannant, Kaleb Hicks, Milla Lamberton, Sienna Maunders, Oriana Maycock, Tara Potocki, Alexis, Layla-Jayne Scott, Sienna Sheridan, Karanveer Singh, Jyoti Warrior.



**Year 8:** Cohen Beach, Jarvis, Hallie Davey, Robert Dobson, Jasmyn Frost, Mia Hetherington, Catherine, Tanishka Kannan, Zach, Anneliese, Gerald Paguiligan, Lacey, Aleena Quadri, Abaur Ullah, Caitlin Wyatt.



**Year 9:** Charley Ryan, Alisha Van Den Bosch, Jaz Girard, Claire, Kate Russell, Niel Torres, Kelsee, Lachlan Coward, Sophie Whitehouse, Melia Sorrensen, Yuki Sorrensen, Faisal Agha, Jakanda, Flynn, Andrei Lumbre, Khyati Mehta, Isaac Neilsen, Harry Petrie, Sam Warren, Tairui Zang, Alexis Cox, Arishiya Imran, Tobias, Kiralee, Kionah.

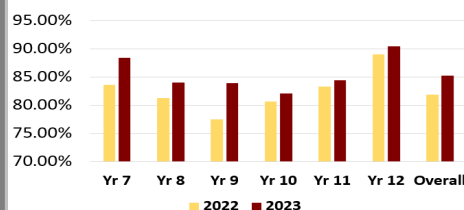


**Year 10:** Xander Bruhn, Mily Jalass, Isabelle Pearce, Riley Townsend, Marianne Golding, Amalia, Ella Reading, Tristan, Ava Hetherington, Lola Noy, Sophie Slack.



#### Student Attendance Level.

Student Attendance Levels - 2022/2023  
Term 2 - Week 6



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#### For the Fridge

- 5/06/2023** P & C Meeting—Shelter - 6:00pm
- 20/06/2023** Athletics Carnival
- 24/07/2023** P & C Meeting—Shelter - 6:00pm
- 28/08/2023** P & C Meeting—Shelter - 6:00pm

## National Sorry Day

This Friday the 26th of May, Toolooa SHS will recognise and acknowledge the mistreatment of Aboriginal and Torres Strait Islander people who were forcibly removed from their families and communities, which we now know as 'The Stolen Generations'. We will recognise the strength of the survivors and reflect on how we can all work together for healing. During junior and senior parades students will hear about the history of 'The Stolen Generation' through a reading of a poem written by Ted Dean, and watching the trailer for, 'The Last Daughter'.



## Australia's Stolen Generations

### When?

**1890s – 1970s**

Aboriginal children were stolen from their families, creating the "Stolen Generations".

### Who?

**Mixed descent children**

Mainly children of mixed descent, i.e. where one parent was Aboriginal, were taken.

### How many?

**Tens of thousands**

Australia-wide tens of thousands of children. Government estimates 10% of Aboriginal people aged over 25.

### What happened to them?

#### Used as cheap labour

Raised on missions or by foster parents, without education, girls were trained to be domestic servants, the boys to be stockmen. Many were physically, emotionally and sexually abused.



**1 in 6**  
Girls ran away.



**1 in 11**  
Girls became pregnant while apprenticed.



**1 in 12**  
Girls died.

#### Government spendings

**\$80m**

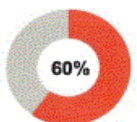
**| \$0.5m**

\$80 million was spent on the surveillance of families and the removal of children compared with just \$500,000 on supporting the same impoverished families.

### What were the effects?

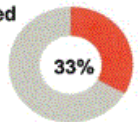
Loss of identity  
Mistrusting everyone  
Internal guilt  
Substance and alcohol abuse  
Depression and other mental illnesses

Difficulties parenting  
Intergenerational trauma  
Violence  
Loss of cultural affiliation  
Loss of language



#### Stayed connected

In Victoria, only about 60% of Koorie children in care remained connected to their family and culture



#### Lost all contact

One-third of the Aboriginal children removed to non-Aboriginal homes have told the government they had lost all contact with family.



#### Sorry Day

Publication of the *Bringing Them Home* Report. The inquiry made 54 recommendations. 26 May 1998 is the inaugural Sorry Day to commemorate the history of forcible removals and its effects.



#### Apology

Prime Minister Kevin Rudd, on behalf of the Australian government, apologises to the Stolen Generations



#### Institutions (selection)

1887 – 1966 Parramatta Girls' Home  
1906 – 1961 Bomaderry Children's Home  
1911 – 1969 Cootamundra Girls' Home  
1920s – 1970 Kinchela Aboriginal Boys' Home



#### Healing

The hibiscus flower is a symbol for the Stolen Generations. It was chosen because its lilac colour denotes spiritual healing and compassion, and for the fact that it is widespread, grows everywhere and is a survivor.



**CREATIVE SPIRITS**

[www.CreativeSpirits.info](http://www.CreativeSpirits.info)

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## Stymie News



Week 5



Week 6



## Maths Tutoring Popular With All Year Levels:

Maths tutoring has resumed for 2023. It is on every Wednesday afternoon from 3pm - 4pm and is available for any year level. It has become very popular in recent years and it is good to see many students making the effort to come and improve their mathematics skills by doing a little extra work each week.

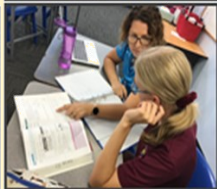
Remember: come for a little while or stay for the whole hour - depending on your needs.

We suggest that if you are planning to attend that you make sure you have some work from your teacher to continue on with or have recognised some aspect of your work you need extra help with. **Do not come without any plan of what you are going to do. It is not a social outing! Students not using the time wisely will be asked to leave or their parents will be contacted to come and get them.**

All students must sign in on arrival and out when leaving so we have record of your attendance.

Don't forget to make sure you have made your own arrangements to get home that day. For more details or any enquiries please contact me on Ph. 4971 4317 or [ghage2@eq.edu.au](mailto:ghage2@eq.edu.au)

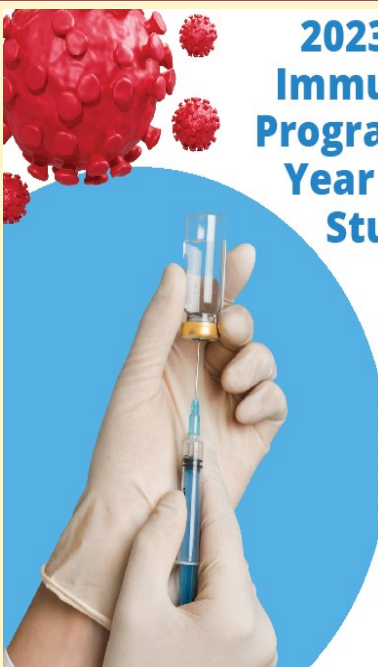
**Greg Hage**  
HOD Mathematics



## 2023 School Immunisation Program for ALL Year 7 and 10 Students

**Catch Up Clinic:**  
Term 3 (Date to be advised) for students who have not had their immunisations.

**THIS IS NOT A COVID 19  
VACCINATION CLINIC**



## School Jackets

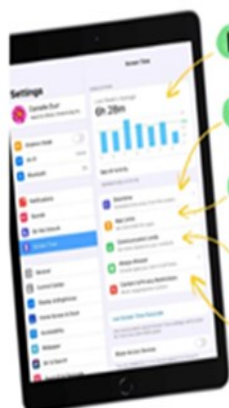
As the weather cools down, a reminder that students can wear a plain black jumper or jacket to school, or the TSMS jacket.

TSMS Jackets can be purchased for \$40 from the school cashier (office - not the uniform shop), which opens at 8am daily.

## 5 Tips for Managing Screen Time



Screen Time includes features that are great for helping you choose how—and how often—your student uses their device.



- 1. Keep track.**  
With Screen Time, you can see your device's screen time by day, week, and month, as well as which apps your student used most.
- 2. Take a break.**  
Use Screen Time to set daily limits for how long your student can use the screen. When a limit is reached, apps will be locked and phone calls will be blocked.
- 3. Structure time.**  
Use Screen Time to create rules for when your student can use the screen. For example, you can set rules for when your student can use the screen during school hours.
- 4. Create a circle of trust.**  
Communication limits help you manage who your student can communicate with freely from their device.
- 5. Choose appropriate content.**  
Use Content & Privacy Restrictions to select appropriate websites, purchases, and downloads on your student's device.

**ScreeningWithApple**  
With Apple Screen Time, you can manage your student's screen time on iPad and Mac.

## IT News



### Important Reminders About Screen Time

Managing the amount of time children and young people spend in front of a screen is a concern that many parents and teachers share. Set reasonable expectations for the amount of time your child or young person is spending in front of a screen, and for the type and quality of that screen time.

It can be hard to get away from screens in our increasingly digital life.

Screen time can be defined as any time spent on a device with a screen, including televisions, computers, smart phones, tablets, video games and even wearable technology such as smart watches.

The Australian Government, Department of Health provides recommendations for the physical activity, sedentary and sleep behaviours for children and young people. Across a 24 hour period, the following is recommended:

- infants younger than two, have no screen time
- children ages 2–5, have no more than one hour per day
- children and young people aged between 5–17 years have less than 2 hours a day of sedentary recreational screen time.

These time limits do not include the screen time spent on educational activities.



# 2024 Year 7 Enrolments

Enrolments for 2024 will open on the first day of term 3 (Monday, 10th July 2023).

Please visit our office to collect an enrolment package.

Completed packages are due back to the school by Friday 15th September.

## ITEMS FOR TENDER

ITEMS FOR TENDER

### OFFERED FOR SALE BY TENDER Toolooa State High School

#### Process

The listed items are being made available for sale via tender process by Toolooa State High School. Tenders may be submitted by emailing the Business Manager at [bsm@toolooashs.eq.edu.au](mailto:bsm@toolooashs.eq.edu.au)

Please email your name, lot number you are bidding on and the amount you wish to tender for the items.

#### Timeline

Tenders will be accepted from the 25th of May to 5pm on the 31st of May. No Tender will be accepted after this time.

Persons submitting the successful tender will be notified on the 1st of June and are asked to finalise payment by 3pm on the 2nd of June 2023. Failure to pay by this date will forfeit the sale and the item will be offered to another tenderer.

Payments may be made by cash, bank transfer or EFT.

#### Conditions and Inspection of Goods

Goods are offered on a "as is" basis only.

Goods can be inspected by arrangement with our Business Manager on 49714333 during the tender dates.

#### After the Sale

No warranty or backup service is available, either implied or stated. Toolooa State High School cannot and will not provide any support either by way of parts or expertise after item has been removed from the school.

#### Conditions

The Department of Education reserves the right not to accept a tender, and may set a reserve price. Whilst all care has been taken, the Department of Education disclaims all liability for loss or damage to person or property arising from the removal and subsequent use of any item for tender.

ITEMS LOT # 1  
ITEM DESCRIPTION :  
5 X WOODEN TABLE AND CHAIR  
COMBINATIONS







## Senior Schooling News

With Darren Boase



INTERESTED IN A HEALTH CAREER?

### EXPRESSIONS OF INTEREST ARE NOW OPEN FOR CERT II IN HEALTH SUPPORT SERVICES

SEMESTER 2 - ONE DAY A WEEK - 4 QCE POINTS  
SEE SENIOR SCHOOLING FOR MORE INFORMATION

This course serves as a great foundation into the health field of services.

Employment opportunities can lead to  
Hospital Assistant, Patient Services Assistant,  
Catering Staff Hospitality, Cleaner, Stores Person, Hospital Ward Assistant



**Aviation**  
AUSTRALIA

### AVI30419 Drone CIII



Applications are open for  
Certificate 111 in Aviation (Remote Pilot)  
Term 3 : 6 QCE Points  
1 Year Course onsite at Toolooa SHS  
Learn to legally fly a Drone

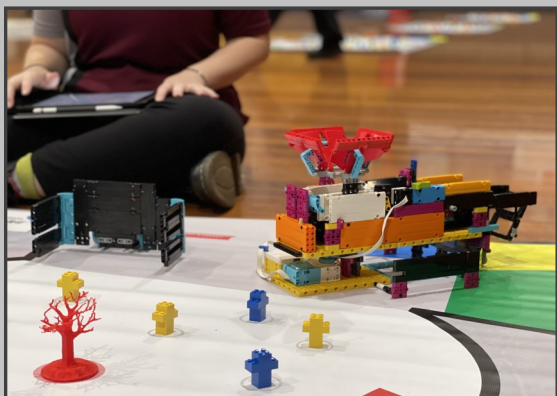
Please see Senior Schooling to apply



## From The Junior Secondary Head of Department With Gerard Clark



### 2023 CQ Robotics Competition



Congratulations to our 2 Toolooa Teams who competed at the 7th annual CQ Robotics Competition today. A special congratulations to the Toolooa Tech Stars, who took out the "Most Persistent Team" award!

The CQ Robotics Competition is a community-based educational initiative that shows school aged students just how much fun science, engineering and technology can be! CQUniversity has hosted this annual event since its inception in 2017. It is a great opportunity to engage with the community and inspire students.

Teams were tasked with assisting the engineers and technicians from Rio Tinto and QAL. to design, construct and program two mechanical systems to keep the sites running. One system was an autonomous robot that will be deployed into the Plant and Warehouse industrial areas to collect materials for sorting, and the other system was an automated sorting, and system which will receive the collected materials and sort them into piles.

Teams were also aiming to achieve sustainability targets through the collection and sorting of green carbon credits, as well as aiming to maintain community cohesion by incorporating into their digital solution an Acknowledgement of Country to the Traditional Owners of the Gladstone Region.

Educational robotics is a relatively new and rich subject incorporating science and technology. It has a multidisciplinary focus across technologies such as computing, mathematics, software programming, electrical and mechanical engineering, artificial intelligence, communication, sensor technology, educational technology, image processing and game theory. This is an exciting and engaging competition consisting of different categories such as rescue, soccer and dance. Competing participants are quickly brought into the realities of working with complex and ever-changing real-life environments. They learn to adapt and modify their robotic creations to conform to these dynamic surroundings. In this way, students in the process of constructing and programming robots will impress upon themselves how interesting and exciting science and technology can be

Thanks to Mr Bailey and Mr Jones for their ongoing support of myself and dedication to the STEM Squad. We love to see all the cool opportunities that the kids get to access and look forward to seeing what innovative solutions they can design next.







## Good Guidance with Karyn Baxter, Jenny Morris, & Silke Hetherington. FROM THE GUIDANCE OFFICE



### Paint the Town Purple! *(Some information referenced from Reachout.com)*

Each May, Queensland marks Domestic and Family Violence Prevention Month (DFVP Month) to raise community awareness of domestic and family violence and to send a clear message that domestic and family violence in families and homes will not be tolerated – not now, not ever.

Our Toolooa SHS school community takes the opportunity to raise awareness by focusing on promoting the skills of healthy, positive and respectful relationships- something we do always but the month of May gives us a chance to highlight them more. As parents, we hope that this article helps you as you navigate managing this important stage for your child.

Positive and respectful relationships are a very important part of growing up, and they will lead your child to having a deeper capacity for caring, empathy and communication. Your support is vital to them being able to understand what a respectful relationship looks like, and how to create one.

The most influential people in a teenager's life are the adults around them. The single most important thing you can do is to be a positive role model, by having respectful relationships with the friends and family that you yourself care about. Reflect on the principles outlined below, and think about how they can be applied in your own relationships with other adults and with your child.

#### What Does a Respectful Relationship Look Like?

- **Communication.** It is never assumed that our partner or family member knows what we are feeling or thinking, or that we know what is in their head. The only effective way to know and to be understood is to talk often, talk calmly, and talk openly.
- **Consent.** Anything that happens in regard to the relationship happens with the active agreement of both people involved. This includes things like sex, discussing private matters with others, and major decisions that affect the other person.
- **Recognising** the effects of our actions. We think about the effects of our actions and choices on our partner and family. Will it cause someone to be hurt, or create conflict?
- **Respect.** We are always respectful of each other's feelings and choices. If we're not sure how someone feels, we ask, we don't assume. If we truly care about someone, we would want to see them happy and supported in the choices they make about themselves and their lives.

#### How To Talk To Your Teenager About Respectful Relationships

Having conversations about sex, relationships and communication from a young age makes it possible for your child to feel comfortable talking with you about their feelings and relationships in their adolescence.

- **Encourage conversations about feelings, friendships and family relationships.** This will help them understand and look for important qualities in relationships.
- **Practice active listening.** Listen to what your teenager says and ask them open questions ("What are you feeling about him?"). Repeat back some of what you have heard or what you think they mean, to check you understand.
- **If they want your opinion.** Don't tell them what you want them to do. Tell them how you see the situation. For example, say "It sounds to me like you really like this person, but they don't listen to you very much."

#### Important Topics For Your Child To Talk About

There is a lot of information here that is worth talking about, and you won't do it all in one conversation. Talking often with your child means you can explore these ideas one at a time, and maintain a communicative relationship with your teenager.

##### **Being clear about what you want**

Many people are afraid to talk with their partner or love interest about their relationship. They are afraid that they will disagree about what they want or feel, and they will lose the relationship. But being able to talk about a relationship is the single most important factor in whether it is a good relationship. Topics that should be talked about include sex (consent), having feelings towards other people, how exclusive the relationship is, and respectful boundaries.

- Talk about what you expect a relationship to be like.
- Talk about what is or isn't OK for each of you.
- Talk about what the relationship should involve.
- Talk about the importance of consent.
- Check in whenever feelings change or something new comes up that you haven't talked about.

##### **Jealousy**

Jealousy is not an emotion really, it's a label for a lot of other unpleasant feelings - like insecurity, fear of abandonment, feeling left out or not good enough, or worry that our partner doesn't love us or isn't attracted to us. We feel so bad we want to blame someone else or their actions.

- Use jealousy as a signpost to what you are really feeling. Try to describe it. Talk about this with your partner.
- Talking about our feelings is awkward, but it makes us feel better and makes it possible to work out our problems.
- Jealousy is never an excuse for people to be mean, hurtful, abusive or controlling.

##### **Sex and Sexuality**

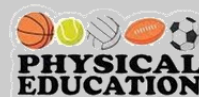
Not all teenagers do, but most teenagers experiment with sexual behaviour at some stage. Giving them clear information on safe sex, consent, contraception, and sexually transmitted infections means they are equipped to be safe. Plus, having this conversation early and more than once, means you can also talk about unwanted sexual behaviour and peer pressure.

Puberty is also when some teenagers begin to feel attracted to members of the same-sex, or many feel attractions to more than one sex.

Your child's romantic life is theirs. If they'd like information but don't know where to go you could recommend that they read the youth fact sheets on ReachOut.com for more ideas worth talking about.



## Health & Physical Education News



### Yr 12 Sport & Rec Gym Visits

This term for yr 12 Sport and Rec, our students have been studying a unit about training for fitness. Throughout this term the students have been participating in a range of activities designed to improve their overall health and teach them about the benefits of exercise and a healthy lifestyle.

As part of their assessment for this unit they are going to design and deliver their own fitness session to the rest of the class. To help prepare the students for this assessment we have done a few excursions to various gyms around town to get a real life feel of what a fitness session could look like.

We have visited Hub Total Fitness where we did an RPM class. We also visited Yaralla Fitness Centre where we did a strength and mobility class and, just last week, we visited UBX Boxing & Strength where we learnt about HIIT training and circuit training.

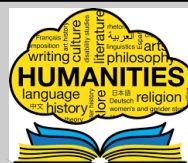
Overall, the students have really been enjoying these sessions and hopefully learning a lot about their overall fitness. I wish them all the best for their upcoming assessment and I hope they see improvements in their own fitness levels after this unit.

**Chris Hill**  
HoD HPE



## Humanities News

[https://eq.sobs.com.au/pt3/parent.php?schoolid=70345&fbclid=IwAR1dQTeV-s63DwqtwfaK\\_emqYUtte09cdhIFJOXnNjbwu-d42ml6QO3KPqg](https://eq.sobs.com.au/pt3/parent.php?schoolid=70345&fbclid=IwAR1dQTeV-s63DwqtwfaK_emqYUtte09cdhIFJOXnNjbwu-d42ml6QO3KPqg)



## Carnarvon Gorge Family Info Session

*ATTN: Families of students attending the Carnarvon Gorge camp:*

*You are invited to attend an information session in relation to the itinerary, accommodation, packing list, etc.*

*Monday 12th June 2023  
5.30pm in N block*



# HUMANITIES NEWS

## NATIONAL HISTORY WEEK

Today kick started our National History week program at Toolooa SHS.

Students from Years 7 to 12 participated in a Scavenger Hunt across the school to find the hidden historical figures. Below are some photos of students getting involved in the hunt. A huge congratulations goes out to our winners for the fast finishers round: Benny, Ava, Ashlyn, Emily and Amalia. The competition is still open for the lucky draw prize for the rest of the week. Prizes will be drawn and announced on Friday.

We are looking forward to continuing the historical fun the rest of this week, with a Mega Kahoot on Tuesday, Virtual Reality time travel on Wednesday and a choc-chip cookie archaeological dig on Thursday!

**National History WEEK**

**MAY 22 - 26 (WEEK 6)**

*Monday*  
**Scavenger Hunt**  
Meet in **N501** during second break to start the hunt around the school to find the 'hidden' historical figures.

*Tuesday*  
**Mega Kahoot!**  
Come to **MAR102** during second break to compete and see who is the superior History champion in the school.

*Wednesday*  
**Virtual Reality**  
Come up to **T205** during second break to enter the world of different historical events and time periods.

*Thursday*  
**Cookie Archaeology**  
Come to **N501** during second break and try your hand at some archaeological excavation skills with a fun twist.

**PRIZES UP FOR GRABS**





Ms Jounquay's class recently completed a writing activity in class using this picture as their stimulus. They had five minutes to produce their responses. Here is some of their writing for your enjoyment.



## How to cook irradiated rat: Apocalypse edition.

While slightly irradiated (from the bombs), its a shockingly good meal, one of the best and easiest to find in this world of scarce food.

- Usually this step isn't too hard. They lie among the damp and mouldy corners of the decrepid buildings. In rooms away from the light and elements they prowl. Making any amount of noise provokes them to attack, and because of their size its best to skewer them with a sharpened stick from afar.

- This step has been the same method as was used before the war, jsut use a knife and discard of their irradiated fur. Easy as.

- Most of the meat is pretty good, cooking them whole is viable but the cancerous insides of most of the rate, are prone to making us humans sick, so cutting the muscle from the bones and cancers is recommended.

- Open fires work well for this. Cook until brown for cuts, and if whole cook until the outside is black.

## The Execution

The body fell flat, nothing more than a lifeless husk and a puddle of cold red blood was left. Stamped in the face and kicked by a heavy steel boot, set aside as another one of the tall, shadowed guards would drag another group, this time a family of four ahead of a concrete column in a line of many. Another guard, lifting his six-shot revolver readied the group of four for what was to him just another execution in a series of many...

She sat lopsided on her splintering rocking chair. The dark wood was a stark contrast to her pale skin, the sickly colour reminding her of her limited days left here in this life. With great struggle she lifted her head to gaze out the broken window that revealed another tall dilapidated building similar to her own, separated by a deep ravine now overrun with forest. She remembered back to her youth and the bridge that once connected the two lands but that was long ago and that bridge long destroyed. She was almost grateful for her numbered days...she would finally find the peace that this world had lacked for too long.

Edward Cullen ran through the trees, his sparkle occasionally glinting through the gaps the sun would peer through. He could only tell where he was going by the consuming grey apartment block lining his track. He didn't think he had very long until he could leave this place. The further he got, the more ravenous he was feeling. God, he missed his Bella. "Rawrrrr" he exclaimed as he just couldn't hold his desire in much longer. He missed her and he needed to escape so he could find his girl. He was scared. What if something had happened to her?

Head of Department - English



## Nurse Natters

### What's On At Headspace Gladstone

Please check out the current group activities happening at Headspace Gladstone at level 1/147 Goondoon Street. Feel free to give them a call for more information about the current activities they are running for youth aged 12-25 years.

Their phone number is 4903 1921.

If you have any general health questions/concerns for your child please contact the SBYHN for a chat on 49714336. or via email on [kocon144@eq.edu.au](mailto:kocon144@eq.edu.au).



### Rainbow Space Jr

**LGBTQIA+ Social Group**  
Ages 12 - 17

For members of the LGBTQIA+ community and allies alike, this group is for you!

Come in, be yourself and connect with other like-minded young people in a safe and confidential environment.

Learn more about healthy relationships, mental health and wellbeing, the LGBTQIA+ community and how to support your friends within the LGBTQIA+ community while enjoying a variety of activities.

As Rainbow Space Jr is a social group, there is no concrete agenda for each session. Instead, sessions are led by the young people involved based on what they would like to discuss or engage in.

**Every Tuesday from May 2nd 2023 at 3:45pm to 4:45pm**

headspace Gladstone  
Level 1, 147 Goondoon Street  
Groups Room

For more information  
P: (07) 4903 1921  
E: [awareness@headspacegladstone.com.au](mailto:awareness@headspacegladstone.com.au)



headspace National Youth Mental Health Foundation is funded by the Australian Government



### Live in Colour

**Art Social Group**  
12 - 25 years old

Art has a recognised valuable role in aiding good mental health and working towards a healthy headspace. It can help boost confidence and make us feel more engaged and resilient.

Besides these benefits, art engagement also alleviates anxiety, stress and depression.

Join us while we make diamond art journals, crochet animals, create canvas artworks and much more throughout the term.

**Every Wednesday from April 26th 2023 3:45pm to 4:45pm**

headspace Gladstone  
Level 1, 147 Goondoon Street  
Groups Room

For more information, contact headspace Gladstone on  
P: (07) 4903 1921  
E: [awareness@headspacegladstone.com.au](mailto:awareness@headspacegladstone.com.au)



headspace National Youth Mental Health Foundation is funded by the Australian Government



### Art & Soul

**Art Social Group**  
18 - 25 year olds

For those late night art lovers, this one's for you! We are doing a late night art class for you to enjoy. Light refreshments will be provided.

Art has a recognised valuable role in aiding good mental health and working towards a healthy headspace. It can help boost confidence and make us feel more engaged and resilient.

Besides these benefits, art engagement also alleviates anxiety, depression and stress.

**Every Wednesday night starting April 26th from 6pm to 7pm**

headspace Gladstone  
Level 1, 147 Goondoon Street  
Groups Room

For more information, contact headspace on  
P: (07) 4903 1921  
E: [awareness@headspacegladstone.com.au](mailto:awareness@headspacegladstone.com.au)



headspace National Youth Mental Health Foundation is funded by the Australian Government



### Model Painting & Gaming

Are you into Dungeons & Dragons?

Do you enjoy playing games online with your friends?  
Want to meet people to play games with and make new friends?  
Then this is the group for YOU!

**headspace Gladstone is running a 9 week program for young people between 12-25 to learn and play games in person.**

**This is a great opportunity to meet people that are into gaming just like you!**

Week 1 Thurs April 20th Gaming Session  
Week 2 No Session  
Week 3 Thurs May 4th Gaming Session  
Week 4 Thurs May 11th Gaming Session  
Week 5 Thurs May 18th Gaming Session  
Week 6 Thurs May 25th Gaming Session  
Week 7 Thurs June 1st Gaming Session  
Week 8 Thurs June 8th Gaming Session  
Week 9 Thurs June 15th Gaming Session  
Week 10 Thurs June 22nd Gaming Session

**Group numbers are LIMITED to 8 people.**  
**Starting Thursday April 20th at 3:45pm-4:45pm**

headspace Gladstone  
Level 1, 147 Goondoon Street  
Groups Room

**TO REGISTER**  
Follow the QR Code to register your interest and to check out the other awesome groups we have to offer this term!

For more information, contact headspace Gladstone on  
P: (07) 4903 1921  
E: [info@headspacegladstone.com.au](mailto:info@headspacegladstone.com.au)



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NURSE

NATTERS

## Nurse Natters

If you have any general health questions/concerns for your child please contact the SBYHN for a chat on 49714336. or via email on [kocon144@eq.edu.au](mailto:kocon144@eq.edu.au).

Yours in Health

**Kerry O'Connell**

(School Based Youth Health Nurse)



# Pokemon Go

**Social Group**  
**Ages 12 - 25**

Join us for an exciting new group at headspace!

Do you enjoy playing games with friends?  
Want to meet new people to play games with  
and make new friends?

Then this is the group for YOU!

Meet the staff at headspace Gladstone, bring  
your phones, take down gyms and catch your  
favourite pokemon as we walk around the  
Gladstone CBD.

**Every Monday from April 24th**  
**at 3:45pm to 4:45pm**

headspace Gladstone  
Level 1, 147 Goondoon Street

For more information

P: (07) 4903 1921

E: [awareness@headspacegladstone.com.au](mailto:awareness@headspacegladstone.com.au)







## Communication regarding the administration of medications in schools

The following information is available for schools to use in their communications (newsletter, website, etc.) to parents/carers regarding the administration of medications in Queensland state schools.

### 1. Administering medication at school

If you require staff to administer medication to your child at school, please contact the school office in the first instance to discuss your child's requirements.

Please note, school staff will only administer medication that:

- has been prescribed by a qualified health practitioner (e.g. doctor, dentist)
- is in its original container
- has an attached pharmacy label.

Office staff will ask you to complete and sign Section 1 of the [Administration of medication at school record sheet](#). N.B. If your child requires more than one medication, you will need to complete a form for each medication.

### 2. Providing medication to the school

Before you provide the school with your child's medication, check the expiry date to ensure it is in-date and there is enough for the agreed time period. It is also a good idea to take a note of the expiry date so that you can replace the medication before it expires.

Please note, school staff will not administer medication that you can buy over-the-counter at chemists and supermarkets (e.g. paracetamol, eye drops, cough syrup) unless it has been prescribed by your child's qualified health practitioner. For example, the school would administer paracetamol to a student only if it has been prescribed by their dentist to be taken for a short time after dental treatment.

School staff are bound by these regulations and we hope that all parents will acknowledge and cooperate with these rules.

Please note, school staff will not administer medication that you can buy over-the-counter at chemists and supermarkets (e.g. paracetamol, eye drops, cough syrup) unless it has been prescribed by your child's qualified health practitioner. For example, the school would administer paracetamol to a student only if it has been prescribed by their dentist to be taken for a short time after dental treatment.

School staff are bound by these regulations and we hope that all parents will acknowledge and cooperate with these rules.

It is safer for all students if you can provide medication to the school in person (rather than send medication with the student). If you can't provide the medication in person, contact the school to determine the easiest and safest approach for the school to receive the medication.

When your child's medication is no longer required to be kept at school, please collect all unused medication.

Thank you for assisting the school in keeping our students safe and healthy.

Yours sincerely

Justin Harrison

Uncontrolled copy. Refer to the Department of Education Policy and Procedure Register at <https://ppr.qed.qld.gov.au/ppr/administration-of-medications-in-schools-procedure> to ensure you have the most current version of this document.

Page 1 of 1



Queensland  
Government



## A Reminder To Wear a Helmet When Riding Your Bicycle

We would like to remind everyone that the road rules require you, to wear an approved (Australian Standard 2063 or AS/NZS 2063) bicycle helmet. This helmet must be worn on your head, and properly fitted and fastened before use.



## Calculators Available from the Office

Please be advised that Scientific Calculators and Graphics Calculators have now arrived at the school.

Scientific Calculators are \$25.00 each.

Graphics Calculators are \$215.00 each. (These calculators are only required by some maths students in Yrs. 11 and 12)

Students can purchase these from the office but only during their recess breaks.

## School Dental Clinic

If you would like your student to see the school dental clinic, please arrange an appointment by contacting the number below:

Phone (07) 4920 6372



P & C

## P & C Meeting Dates



P & C Meetings are week 3 & 8 of every Term on a **Monday** @ 6pm in the Shelter Classroom which is entered via the door in the carpark turnaround.

Please see the below dates for future meetings.

- 17th October 2022
- 21st November 2022



# Homework Club

## Homework Club

Do you need help with your homework or with assessments?

Every morning from 8.00am to 8.45am assistance is provided at Toolooa House in SB01 & it is also available in both lunch breaks if students require assistance.

Please feel free to come up and let one of our friendly Inclusion Assistants help you.

If you would like more information about Homework Club, please contact:

**David Roby**  
on 49714379.



## Lost Property

### Please Collect Now!

Our box is currently full of hats, jackets and jumpers. None of these have student names on them.

Smaller items lost at school such as glasses, keys, jewellery, etc. can be collected at the admin office also.

**Unclaimed items will be donated to charity at the end of this school term.**



# WHAT'S UP IN TOOLOOA HOUSE?

Reinforced  
reading  
before  
school

Breakfast  
Club  
Monday  
Morning

Home work  
Club every  
morning

Lego Club  
at Lunch

Catch-up  
work  
at  
Lunch

Come and join in some of the fun:



## School Uniform Donations Wanted

The school would like to ask families to consider donating to the school any used uniforms that they are not handing on or selling.

These uniforms are then used for emergent situations as required. (They are **NOT** sold).

If you wish to donate your uniforms (in good condition) please leave them at our front office.

Thankyou, any help is greatly appreciated.



## Tuckshop News



We have eftpos machine in the tuckshop, with a no cash out policy. You can also pre-order your lunch if you wish so that you don't have to wait in line or miss out on your favourite food.

Please use some etiquette and be considerate when using the EFTPOS facilities, & if you do utilise this privilege, please wait for your transaction to be approved before walking off or do not start eating or drinking your order until the transaction has been approved.

### PLEASE NOTE:

**We can no longer accept payments over the phone or written on the uniform sheet as the bank has removed the manual function on our eftpos machines.**

PRE  
ORDER  
NOW!



Thankyou.  
**Kim—Tuckshop Convenor**



# Sport & ACTIVE LIVING Expo



**FREE EVENT  
10am-2pm  
Sunday 11 June**

**Philip Street Communities  
and Families Precinct**

The place to be for all things health, fitness and wellbeing

[gladstone.qld.gov.au](http://gladstone.qld.gov.au)



## 2024 QATSIF SCHOLARSHIP NOW OPEN

Join over 16,300 young Aboriginal and Torres Strait Islander leaders who have already received a QATSIF Scholarship. Talk to your school about applying for a QATSIF Scholarship of \$1,000 per year to support with the financial costs of your senior studies. More information on QATSIF Scholarships is available at [www.qatsif.org.au](http://www.qatsif.org.au).

Are you Aboriginal or Torres Strait Islander?

Are you proud of your Culture and efforts?

Are you working hard towards receiving your Queensland Certificate of Education (QCE)?

Are you currently in Year 10 or 11 at a Queensland school?

**APPLICATIONS CLOSE ON 21 AUGUST 2023**

QATSIF FIND US ON SOCIAL MEDIA f i t

# Sport & ACTIVE LIVING Expo

**FREE EVENT  
10am-2pm, Sunday 11 June**  
SPECIAL GUEST DARIUS BOYD



[gladstone.qld.gov.au](http://gladstone.qld.gov.au)



## COMMUNITY NOTICES

### Bike & Scooter Safety

Does your child ride a bike or scooter to school? As the bike racks are often left unattended, it is very important that your child locks his/her bike up throughout the day. Please talk to your child about how they secure their bike or scooter to ensure its safety.



All Past & Present Students, Staff, Families  
and Community Members are Invited

To Tannum Sands State High School's  
25th Birthday Celebrations  
Saturday 17 June 2023

Hot Drinks and  
Slices for sale at  
Entrance Cafe  
in the PC

Kids Activity  
Tent and Fairy  
Floss

Live Music  
School Bands  
Soloists & Local  
Bands

Honey  
Mustard  
Chicken  
Burgers for  
Sale

Cold drinks  
and  
Alcohol available  
for purchase

2:00pm - 3:00pm	Past and Present Staff at Blue Sails
3:00pm - 7:30pm	Everyone welcome - Past and Present Students, Staff, Families & Community Members
3:00pm - 4:00pm	Official Opening - Welcome to Country, Indigenous Dancers, Smoking Ceremony and Didgeridoo Playing
4:00pm - 6:00pm	Archives and Memorabilia in the Performance Centre with School Bands providing entertainment
6:00pm - 7:30pm	Fireworks and Live Music

Past students  
please wear your  
senior jersey

Please RSVP with your name, number of people  
attending and your graduation year (if applicable)  
to [rsvp25th@tannumsandshs.eq.edu.au](mailto:rsvp25th@tannumsandshs.eq.edu.au)

### Uniform Shop News

Opening Hours are Tuesdays  
8am-12pm



Enquiries, online orders or emergencies please email  
[uniformshop@toolooashs.eq.edu.au](mailto:uniformshop@toolooashs.eq.edu.au)



You can download a uniform pre order form from  
the school website at [www.toolooashs.eq.edu.au](http://www.toolooashs.eq.edu.au)

Just a reminder that the everyday shorts with  
**Toolooa Logo** are **COMPULSORY**

Music shirts are now available to purchase at  
the uniform shop.



### Tuckshop News



Check our daily special board for changing  
meals or why not order a healthy salad or  
wrap suited to your own requirements?  
Please see our staff to help you with this.

Students can preorder at tuckshop from 8.20am for  
their lunch to ensure they do not miss out on their  
favourite food or if they have a special request please  
have a chat with one of the tuckshop ladies.

Did you know we offer outside catering as well as  
internal catering?

If you are having a Luncheon/ staff morning or  
afternoon tea, we can help with a variety of options?

Sandwich and Wrap Platters,

Fruit and Sweets Platters, and  
other options are available.

Call our staff for a quote.

Phone No. 49714353.



### Student Absences

To streamline the process at Toolooa SHS, I encourage all parents/  
carers to contact the school on the below e-mail, SMS or phone  
numbers to explain your child's absence:

- ⇒ E-mail:
- ⇒ SMS:
- ⇒ Phone:
- ⇒ Absentee Office Hours:

[studentabsentee@toolooashs.eq.edu.au](mailto:studentabsentee@toolooashs.eq.edu.au)

0426 305 132

49 714 360

49 714 304

Reporting  
Absences



### Toolooa State High School Office Hours

Monday to Friday 8:00am - 3:30 pm

General Enquiries Ph. 07 4971 4333

Student Absentee Notification Ph. 07 4971 4360

### Toolooa State High School

2 Philip Street

PO Box 8109

South Gladstone Qld 4680